



## Patient information cardio MRT

**1. The following foodstuffs and luxury foods must NOT be consumed at least 12 hours before the planned examination, otherwise the examination cannot be carried out:**

- Coffee & coffee drinks (cappuccino, mocha, latte macchiato, coffee with milk, iced coffee)
- Chocolate / Cocoa
- Other caffeine-containing foods (coke / -containing soft drinks, also caffeine-free, Club-Mate, Energy-Drinks, Guaranà)
- Tea and tea extract, as well as capsules and powder (black tea, green tea, white tea), yellow tea and iced tea)

You don't have to come sober for the examination!

**2 Please do not take the following drugs/active ingredients on the day of the examination:**

So-called beta blockers (selection of preparations):

- Bisoprolol (e.g.: Concor®, BisoHEXAL®)
- Metoprolol (e.g. Beloc Zok®, MetoHEXAL®)
- Nebivolol (e.g.: Nebilet®)
- Atenolol (e.g.: Atehexal®, Tri Normin®)
- Carvedilol (e.g.: CarLich®, Carvedigamma®)
- Sotalol (e.g.: Sotalex®, Darob®, Jutalex®)

Nitrates (selection of preparations):

- ISMN - isosorbide mononitrate (e.g. Corangin®, Monoket®)
- ISDN - isosorbide dinitrate (e.g.: Isoket®)
- Molsidomin (e.g.: Corvaton®, Molsibeta®)
- Glycerol trinitrate (e.g. Nitrangin®, Nitrolingual®)
- Pentaerythrityltetranitrate (e.g.: Dilcoran®, Pentalong®)

If you are not sure whether your medication belongs to this group, please contact us. After the examination you can take your medication as usual.

**3 The examination may not be performed if the following contraindications exist:**

- Asthma, medication with theophylline / aminophylline
- Pacemakers or implanted defibrillators (ICD)
- Inner and middle ear implants (cochlear implant)
- Insulin pumps and neurostimulators
- cavernous implants
- Foreign bodies made of metal / metal splinters
- Pregnancy / Breastfeeding
- AV block type II - type III / SA block - all types



**4. Consult us if you suffer from any of the following diseases:**

- chronic lung diseases such as COPD
- auricular fibrillation
- severe claustrophobia
- allergies
- acute cold, bronchitis, fever, etc.

**In the event of non-compliance with the above-mentioned behavioural instructions, the examination may not take place. A new date must be arranged.**